

Kitchen Habits, Cooking, and Baking Unit Data Form

Student Name: _____

Instructors: _____

Date: _____

The following list can be used to track student mastery of different portions of the unit. Please attach documentation to show a student has achieved these goals.

Kitchen Habits

_____ Students will practice washing their hands before and after handling food.

_____ Students will practice rinsing plates and loading a dishwasher.

_____ Students will practice making measurements of different ingredients.

_____ Students will practice using the correct cleanup procedures for counters and eating areas.

_____ Students will practice using kitchen utensils and accessories when distributing food and working with hot materials.

_____ Students will be introduced to new vocabulary and will be encouraged to use the new vocabulary words throughout the unit.

Comments:

Cooking

_____ The goals from the kitchen habits portion of the unit will continue to be reinforced.

_____ Students will practice reading simple recipes.

_____ Students will practice opening and closing different ingredient containers.

_____ Students will practice gathering correct ingredients and measuring the proper amount of each.

_____ Students will practice using the stovetop, oven, and microwave to heat different food items.

_____ Specifically, students will help prepare a fruit salad, microwave dinners, and pasta.

_____ Students will be introduced to new vocabulary and will be encouraged to use the new vocabulary words throughout the unit.

Comments:

Baking

_____The goals from the kitchen habits portion of the unit will continue to be reinforced.

_____Students will practice reading simple recipes.

_____Students will practice opening and closing different containers.

_____Students will practice gathering correct ingredients and measuring the proper amount of each.

_____Students will practice using timers to measure how long an item needs to bake.

_____Specifically, students will help bake a cake from a box mix, bake a loaf of bread, and make cookies.

_____Students will be introduced to new vocabulary and will be encouraged to use the new vocabulary words throughout the unit.

Comments:

IEP Goals (sample)

_____Learn and practice skills that promote independence when eating and preparing food (functional)

_____Develop and practice problem solving ability (math and functional)

_____Develop and practice the ability to follow instructions and read lists (math)

_____Learn and use new vocabulary (verbal fluency)

Comments: